



Sunday, April 30, 2023

Volume 42 Number 4

Last Chance to Visit the Exhibit Hall Today 7:00 to 9:00 AM!

- Stop by to see new technology, and personally thank the exhibitors for their support of ASPAN and perianesthesia nursing
- Take a last look at the Research/EBP and Celebrate Successful Practices posters
- Visit the ASPAN Booth. Take some membership brochures and information home to colleagues

Get your final Silent Auction bid in by 8:30 am for that special item!

Get to the Exhibit Hall and make sure you will have the winning bid for your treasure! All silent auction items must be picked up and paid for today, Sunday, April 30, by 5:00 pm at the ASPAN Registration Desk located in the Spruce Lobby.

Congratulations to the ASPAN 2023 Above and Beyond Award Winners!

Lacey Allemand, TAPAN Debra Bennett, NEVPANA Bethany Biardi, AZPANA Lori Erni, NPANA Brian Harradine, PANAC Cindy Ladner, MOKANPANA Kate Mooney, PANAC Jose Planillo, NJBPANA Kathy Sandel, NCAPAN Nancy Strzyzewski, MAPAN

Welcome, Military Attendees!

We have ribbons for those who are active, retired, reserve, and veteran military attendees. Please pick them up and wear them proudly. Thank you for serving us and keeping us safe!

Conference Handouts

Outlines are available for downloading from the ASPAN website now through July 9, 2023. Attendees can print all handouts, or only the sessions of interest to them, or save them to their devices. Please note: it is the individual speaker's decision whether to allow ASPAN to post their PowerPoint presentation on ASPAN's website.

Conference Evaluations

All conference evaluations are to be done online on the ASPAN website. Instructions are on page 20 of the Conference Syllabus. **Deadline to complete evaluations is November 1, 2023.**

After the in-person conference, go and complete the evaluation online and get your certificate. If you later complete recorded sessions at home, there will be a separate evaluation and certificate for the recorded sessions.

ASPAN Shoppe – Final Day!

Get your last-minute shopping in! The Shoppe is full of items to bring home for yourself and your colleagues, including ASPAN publications and many unique ASPAN souvenirs. Hours today are 7:45-8:45 am and 12:00 pm-2:00 pm, and then the doors to the Shoppe close until next year!

RMPANA Hospitality Desk

Stop by for information on activities and tourist ideas. Time is running out to get your National Conference pin! The proceeds will be donated to a local charity at the conclusion of the conference.

Got a Question?

RMPANA members and volunteers are sporting tie-dye scarves in some fashion throughout National Conference, so do not hesitate to reach out with questions or just to say, "Hi!"

Photo Booth with Colorado Backdrops – Free!

Two backdrops for the Photo Booth: One with a ski scene, and another with a 1970s "Rocky Mountain High" scene. Located across from Registration.

Special Conference Events

➔ Please check your pocket guide onsite for final meeting room assignments

Development Breakfast Today

Sunday, April 30: 6:30 am – 8:30 am: Begin today, Sunday morning, by earning .75 contact hours, and honoring your friends and colleagues with *Hail, Honor, Salute!*, all while enjoying a traditional American breakfast. Dolly Ireland, MSN, RN, CAPA, CPN, FASPAN, will present her talk entitled, *Reflecting on the Past, Collaborating on the Future: YOU can BE the Difference!* Check at the Registration Desk to see if there are any tickets left if you did not sign up with your initial registration. Extra fee.

President's Reception Tonight!

Sunday, April 30: 7:00 pm – 9:00 pm: All conference participants are invited to join ASPAN President Connie Hardy Tabet and other ASPAN leaders to celebrate the achievements of the past year. Music, light fare, cash bar, and dancing. Come dressed in your favorite "party attire."

Closing Breakfast, Closing Ceremony, and Closing Keynote Speaker

Monday, May 1: 7:00 am – 10:00 am: Close your conference experience with the Closing Breakfast, installation of new ASPAN officers along with incoming ASPAN President Alphonzo Baker, DNP, RN, CAPA, as he shares his vision and inspiration going forward. See a preview to the 2024 National Conference in

Orlando, Florida. Stay for the closing address by Brad Nieder, MD, as he sends you laughing all the way home with *Laughter is the Best Medicine*.

→ The Closing Breakfast is free to full conference registrants, but you DO need to register ahead of time on your conference registration form

Component Corner

MASPAN: Meet and Greet Sunday, April 30, 5:30 pm to 6:30 pm at Pinyons Bar.

NJBPANA: Meet for group picture on Sunday, April 30 at 7:15 PM, outside the Adams A Room.

Postconference Education

Monday, May 1: 12:30 pm – 5:00 pm: Terry Clifford, DNP, RN, CPAN, CAPA, FASPAN, will present *The Heart and Science of Practice.*

Preregistration with an additional fee is required for the Postconference Education.

COME BACK TO COLORADO! Save The Date: RMPANA's *Retreat in the Rockies*, Saturday October 7, 2023. 8 am – 5 pm. Program topics TBD. Location: Colorado Mountain College, Breckenridge, CO. For more information, please contact the nurse planner, Marcia Keiser BSN RN CPAN, at <u>marciajo@me.com</u>.

Take Time for Yourself!

Visit these websites for more information on the many visitor opportunities in Denver and the beautiful state of Colorado:

- 1. Denver. Wikipedia website. Accessed January 29, 2023. https://en.wikipedia.org/wiki/Denver
- 2. Aurora, Colorado, Wikipedia website. Accessed January 29, 2023. https://en.wikipedia.org/wiki/Aurora,_Colorado
- 3. Denver The Mile High City. Denver.org website. Accessed January 29, 2023. <u>https://www.denver.org/</u>
- 4. Come to Life Colorado. Colorado.com website. Accessed January 29, 2023. https://www.colorado.com/cities-and-towns/denver
- **5.** 25 Best Things to Do in Denver, Colorado. The Crazy Tourist website. Accessed January 29, 2023. <u>https://www.thecrazytourist.com/25-best-things-denver-colorado</u>
- 6. Colorado Tourism. Accessed January 29, 2023. https://www.colorado.com

Colorado Factoids

The Rocky Mountains have been spectacular the last couple of days, with the blue bird sky. The mountains you see are Pikes Peak to the south, Mount Evans in the center behind the Denver skyline, and Longs Peak to the north. All are just about 90 minutes away, close to the tourist towns of Manitou Springs to the south, Denver straight west, and Estes Park to the north, if you are extending your stay



ASPAN is hosting a NEW BOOK release for conference attendees! Authors available in ASPAN shoppe for limited book signing!

A unique evidencebased practice strategies to improve perianesthesia nurses' welbeing and their work environment

Limited quantity available at national conference

National Conference price \$24.99 Bundle of three books \$ 23.99/book Bundle of five books \$ 22.99/book After conference \$26.99/book plus shipping



Book Signing Times for Authors in the ASPAN Shoppe

Sunday:

7:45 - 8:45 AMPeggyNoon - 2 PMConnie

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News Items for National PArtiCUIArS

Please email news items to <u>bgodden@aspan.org</u>. Items MUST be submitted by 10:00 am to be included in the NEXT day's newsletter. May be edited for space and conciseness.

→ National PArtiCUIArS will be emailed to all conference registrants and posted on ASPAN's website. The newsletter will NOT be printed